

**THE HON. DAVID HARRIS MP
MEMBER FOR WYONG
MINISTER FOR THE CENTRAL COAST**

NATIONAL WALK SAFELY TO SCHOOL DAY

The Hon. David Harris Member for Wyong joined Warnervale Public School students and teachers for National Walk Safely to School Day on Friday 19th May.

The annual event is a community initiative that aims to raise awareness of the health, road safety, transport, and environmental benefits that regular walking especially to and from school, can provide for the long-term well-being of our children.

“Regular exercise, like walking to and from school, has a positive impact on anxiety and depression which is why we encourage primary school aged children to walk for National Walk Safely to School Day”.

“There has never been a better time to build walking into our kid's daily routine, by walking to and from, school, not just today but every day,” David Harris said.

ENDS

MONDAY, 22 MAY 2023

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